

## **BONDED**

**BONDED** is an outdoor production Choreographed by award-winning artistic directors Kristina and Sadé Alleyne of Alleyne Dance.



### **BONDED**

explores the construct of human dependency – especially that of siblings – and how time and external conditions can affect the synergetic connection.

The work takes the audience through a transitional journey of inter- and independency through abstract dance narrative.



The piece starts with a physical divide present on stage.

This physical divide can be pushed and rotated 360 degrees.



The set fills with mist from the inside and releases out into the open air once a door is open.



There are two delicate white sheets that will be pulled down and revealed.

These sheets have drawings that represent the connection and disconnection of the siblings.

You can also find these drawings on the white tops and white bottoms of their costumes.

**BONDED** is split into 5 sections:  
**Womb, Life, Imbalance, Dependency, Moving On**



## **Womb**

There are two performers. As siblings, they start in the big metal and plastic structure, physicalising the energy of being connected and moving around each other in this confined space.



## Life

The performers then exit in opposite directions with their movements mirror each other, still experiencing life together.

This divide, though keeping the performers and their sibling bond apart, also demonstrate their connection as we see them moving and responding to external factors in the same identical manner.





## Imbalance

At a certain point, the connection is broken and the performers' synergy interrupted, causing an imbalance. One performer feels less than the other, with their movements fluctuating and the energies going up and down.

The performers begin to interact more with the set, pushing it to move around 360 degrees.

As one performer becomes less able to keep up, physically and mentally and we begin, for the first time, to see them as two individuals.

We are not focused on one sibling over the other; Rather they are now individually experiencing life and going through their own journeys.



## Dependency

As the physical bond slowly deteriorates the internal bond of love, support and connection strengthens.

We begin to notice the different needs of each sibling, as both need more lifting from one another but in different ways.

One of the performers enter the set as it fills with mist, and they disappear from the audience.

The other performer then runs around and pushes the set until they can see their sibling again.



## Moving On

Once the performer pushes through the set and sees their sibling, they mirror one another's movements. A significant change is happening as one is on the top of the set and the other on the bottom, and there is no going back.

The performer at the bottom of the set then climbs onto the top and meets their sibling, who is already on the top.

The performers finally embrace, which mirrors the same actions that happened in the beginning of the Womb.

With encouragement and love, the siblings accept this change and learn to live with the change.